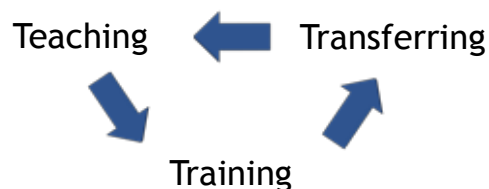


Transition Focus

A transition process promotes integration, involvement and independence. Skill building, skill practice and skill transfer opportunities are essential.

Graded Transition Process



We believe in “Learning through doing”

CAP combines capacity building with life skills training. CAP works with the clients on:

- Wellness Management
- Home Management
- Money Management
- Community Management
- Time Management

“Skilled for the Job of Living”

What Clients are saying about CAP

“A feeling of belonging. A source of identity. An understanding and betterment of the self for the future.”

“The family and I are happy. I don’t want to move.”

“They have done their utmost. They are competent and reliable. I congratulate them for their efficiency and continued support.”

What Community Partners are saying about CAP

“A very thorough package is always received through CAP.”

“The CAP team approach was very helpful. CAP’s willingness to travel to provide in-person support to the client and A.C.T.T. staff is very much appreciated”

“Clients that have been referred through CAP are at an advantage. The planning is exceptional and very thorough. CAP’s service is unsurpassed! Great work!”

Helpful input by Patricia Barker (Consumer)

North Bay Campus

P.O./C.P. 3010, North Bay, Ontario P1B 8L1

Tel: (705) 474-1200 ext. 7803



**northeast mental
health centre**

**centre de santé
mentale du nord-est**

Community Access Partners (CAP)

**Comprehensive Discharge
Planning**

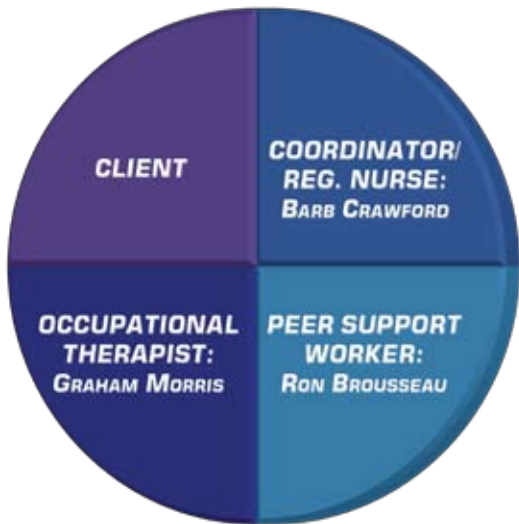


www.nemhc.on.ca

What is CAP?

Community Access Partners (CAP) was created in July 1998 to provide a quality, holistic discharge planning and follow-up service for clients of NEMHC's Regional Specialized Mental Health Program who are working towards discharge outside of the Nipissing District. The CAP team works together to develop a comprehensive wellness plan and teams up with community partners and families to develop the supports necessary to allow the clients to be satisfied and successful in their home community.

The CAP Team



“Effective growth happens in the context of healthy relationships between clients, clinicians and community supports.”

Vision

“Integrating client choices with community resources to recognize and realize recovery.”

Mission

By promoting capacity and choice, we assist clients to discover and own their individual recovery journey.

Values

- Believe in client’s values and vision for their future.
- Believe in client’s capacity to grow, pursue and achieve their goals.
- Believe in an individual’s right to choose, by exploring options through empowerment.
- Believe in restoring personal control.
- Believe that community partners can share and support in each client’s journey.



Process of Intervention

Connect and engage with recovery process and program



Prepare for Community



Connect with Community



Continue contact with community partners and supports

As ‘traveling companions’, we accompany our clients on this road of renewal to explore a journey of becoming and belonging.

