



**northeast
mental health
centre**

**centre
de santé mentale
du nord-est**



**Timmins and District Hospital
L'Hôpital de Timmins et du district**

**The Northeast Mental Health Centre, North Bay
Campus and the Timmins and District Hospital are
proud to present:**

The Northeast Regional Mental Health and Addictions Conference

Recovery Across Paradigms

May 26, 2010

May 27, 2010

Days Inn

Timmins, Ontario

Where:

Days Inn

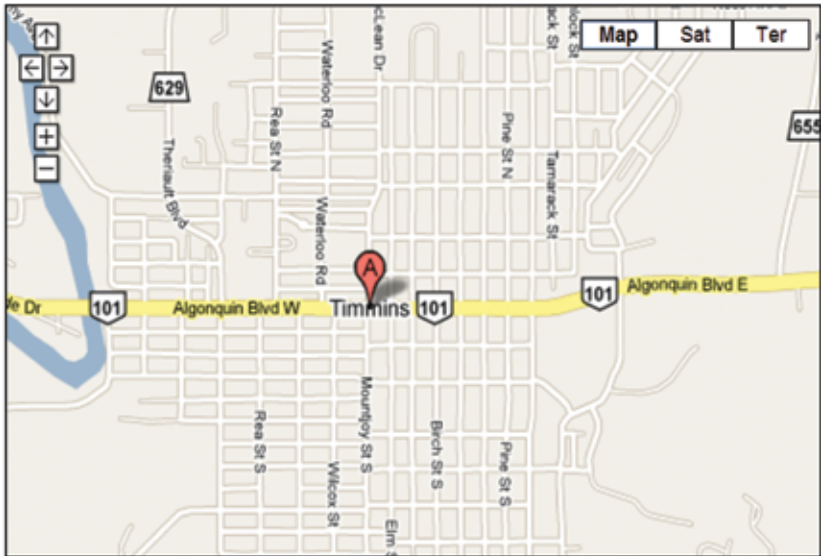
Timmins, Ontario

14 Mountjoy Street South

Timmins, ON P4N 1S4

Tel: (705) 267-6211

Fax: (705) 267-3161



Getting to the Hotel

Northbound, Southbound, Eastbound, or Westbound

Follow Highway 101 to Mountjoy Street. Our hotel is located on the corner of Algonquin Blvd and Mountjoy Street South.

Airport

South on Airport Road to Theriault Blvd, turn right on Theriault Blvd to Algonquin, left on Algonquin to Mountjoy, right on Mountjoy to hotel.

Learning Objectives:

Dr. Kim T. Mueser

1. The participants will be able to increase their understanding of the rationale and overview of clinical management when dealing with individuals experiencing a first episode of psychosis.
2. The participants will be able to learn evidence supported principles and practical knowledge that incorporates the core features of effective integrated treatment for co-occurring disorders.
3. The participants will be able to explore opportunities that engage families in supporting individuals experiencing psychosis and concurrent disorders and encourage family wellness.
4. The participants will be able to gain an understanding of the significance of including family members in the recovery process.

Dr. Brenda Restoule

1. The participants will be able to increase their knowledge regarding Aboriginal customs and practices.
2. The participants will be able to gain an understanding of interconnectedness and how it relates to mental health problems, family history, cultural history and concurrent disorders.
3. The participants will be able to explore the interconnectedness of Aboriginal customs and practices to healing and recovery.

Dr. Peter Menzies

1. The participants will be able to gain knowledge regarding current Aboriginal mental health issues in Ontario in relation to the Western model of treatment.
2. The participants will be able to become cognizant of the latest approaches and resources available to promote integration between Western and Aboriginal models of treatment.
3. The participants will be able to increase knowledge and understanding of the principals guiding the Specialized Aboriginal Addictions Treatment - a "community of healing" program at CAMH.

Who Should Attend?

This conference is for health care workers, nurses, social workers, psychologists, educators, case managers, general practitioners, correctional workers, police officers, addiction counsellors, consumers, and psychiatrists working with Mental Health and Addiction patients.

Speakers:

Kim T. Mueser, Ph.D.

Dr. Mueser is a clinical psychologist and a professor in the departments of Psychiatry, and Community and Family Medicine at the Dartmouth Medical School in Hanover, New Hampshire. Dr. Mueser's clinical and research interests include family psychoeducation, the treatment of co-occurring psychiatric and substance use disorders, psychiatric rehabilitation for severe mental illnesses, and the treatment of posttraumatic stress disorder. He has published extensively and given numerous lectures and workshops on psychiatric rehabilitation. His research has been supported by the National Institute of Mental Health, the National Institute on Drug Abuse, the Substance Abuse and Mental Health Administration, and the National Alliance for Research on Schizophrenia and Depression. He is the co-author of one text on family psychoeducation: *Behavioral Family Therapy for Psychiatric Disorders* (1999), and three books for families about mental illness: *Coping with Schizophrenia: A Guide for Families* (1994), *The Complete Family Guide to Schizophrenia* (2006), and *The Family Intervention Guide to Mental Illness* (2007). He is the co-author of several other books, including *Social Skills Training for Psychiatric Patients* (1989), *Integrated Treatment for Dual Disorders: A Guide to Effective Practice* (2003), *Social Skills Training for Schizophrenia* (2004), *The Coping Skills Book: A Session-by-Session Guide* (2005), *The Principles and Practice of Psychiatric Rehabilitation* (2008), and *Treatment of Posttraumatic Stress Disorder in Special Populations: A Cognitive Restructuring Program*.

Brenda M. Restoule, Ph.D.

Dr. Restoule is from Dokis First Nation. Her spirit name is Waub-Zhe-Kwens (Little Swan Woman) and she is from the Eagle Clan. She is a registered psychologist in Ontario who received her undergraduate training from the University of Western Ontario and her graduate training from Queen's University. Dr. Restoule presently holds dedicated contracts with First Nation communities (Nipissing First Nation and Atikameksheng Anishnawbek First Nation) and an Aboriginal Health Access Centre in Sudbury (Shkagamik-Kwe Health Centre) where she provides direct intervention services, program and community development and clinical consultation to their mental health programs. She has worked with numerous projects and organizations including the Royal Commission on Aboriginal Peoples, the Dream Catcher Tour, the Prison for Women, the Northeast Mental Health Centre, Health Canada and the Nadmadwin Mental Health Clinic. Her work experience also includes the development of manuals, training programs, workshops and presentations nationally and internationally on a variety of Indigenous mental health issues. She has also provided presentations on Aboriginal mental health to the Arbour Inquiry into certain events at the Prison for Women and the Kirby Commission that lead to *Out of the Shadows at Last*, a report of mental illness in Canada. Finally, she is the vice chair of the Native Mental Health Association of Canada where she has been an active member since 1995. Her work is dedicated to improving wellness of Aboriginal people and she is particularly interested in reducing suicide rates among her people by encouraging a return to traditional practices of caring for each other.

Speakers *(cont.)*

Peter Menzies, Ph. D.

Dr. Menzies is the Clinic Head for Aboriginal Services, Centre for Addiction and Mental Health (CAMH) in Toronto. He has over 20 years experience in the field of social work in such areas as child welfare, family services, income maintenance, homelessness, addiction and mental health. Peter is a member of Sagamok Anishnawbek First Nation, and sits on the Toronto Aboriginal Community Council, as well as various Aboriginal community boards and committees both at the local and national level. Peter completed his Ph.D at the University of Toronto, and lectures at the Toronto Hostel Training Centre and Ryerson University. He is an Assistant Professor, Psychiatry Department, University of Toronto, and an Adjunct Professor, Social Work (Native Human Services), Laurentian University. His research interests include Aboriginal homelessness, intergenerational trauma, child welfare, suicide, addiction and mental health. He has published articles regarding Aboriginal health issues, and is a member of the Ontario College of Social Workers and Social Service Workers.

Agenda:

Day 1:

Please Note: All presentations will take place in the Grand Ballroom.

8:30 Registration

9:00 Opening Remarks
Carlo De Lorenzi
Director of Clinical Services, Timmins and District Hospital

9:15 Dr. Kim T. Mueser
"Early Intervention in Psychosis: Rationale and Overview of Clinical Management"

10:30 Nutrition Break

10:45 Dr. Kim T. Mueser
"Principles and Practical Knowledge for Treatment of Co-occurring Mental Health and Substance Use"

12:00 Lunch

1:00 Dr. Kim T. Mueser
"Substance Use/ Psychosis: The Influence of Families and Social Networks"

2:30 Nutrition Break

2:45 Panel Discussion
Family Members in the Recovery Process
Moderator - Dr. Kim T. Mueser

4:00 Networking Session

Agenda:

Day 2:

Please Note: All presentations will take place in the Grand Ballroom.

- 9:00 Opening Remarks**
Carlo De Lorenzi
Director of Clinical Services, Timmins and District Hospital

- 9:10 Traditional Opening Ceremony**

- 9:30 Dr. Brenda Restoule**
"Non-Western Healing, Key Concepts of Customs, Practices and
Interconnected-ness"

- 10:30 Nutrition Break**

- 10: 45 Dr. Brenda Restoule**
(continued)

- 12:00 Lunch**

- 1:15 Dr. Peter Menzies**
"Embracing Elements from Both Western and Aboriginal Models of
Treatment"

- 2:45 Closing Remarks**
Carlo De Lorenzi

Registration Fees:

Single - \$ 225 per person. Register before March 26th and get a \$25.00 discount.

Group - \$ 200 per person (minimum of 3)

Family Members - \$25.00 per person

Students - \$25.00 per person (must send copy of valid student card)

Registration deadline is May 18, 2010. **Payment is accepted by cash or cheque only.**

The registration fee includes all printed materials, buffet lunch, and nutrition breaks.

Accommodations:

Accommodations are available at the Days Inn, (705) 267-6211, at a rate of \$96.00 (per night). To obtain the conference rate, please inform the registration desk that you are attending the Northeast Regional Mental Health and Addictions, "Recovery Across Paradigms" conference.

Cancellations:

A fee of \$25.00 will be charged for cancellations.

Contact Information:

Shawn Britton
Coordinator, Education, HR
Northeast Mental Health Centre, North Bay Campus
4700 Highway 11 North
P.O. Box 3010
North Bay, ON
P1B 8L1

Planning Committee:

Dr. Barbara Crawford, M.D., F.R.C.P.C., Psychiatrist, Clinical Rehabilitation Evaluation Unit, Director of Medical Education, NEMHC

Dr. Vickie Beddage, M.D., F.R.C.P.C., Psychiatrist, Director of Regional Specialized Mental Health Program, NEMHC

Dr. Brian Shaw, M.D., C.P.P., Family Practice Medicine, District Mental Health Program, NEMHC

Nicolle Plante-Dupuis, Regional Coordinator, Regional Early in Intervention in Psychosis Program (REIP), NEMHC

Kevin Vescio, Regional Coordinator, Regional Concurrent Disorders Program (RCDP), NEMHC

Jennifer Moore, Case Manager, Concurrent Disorder Program, Timmins and District Hospital

Renée Baker, Public Relations Officer, NEMHC

Terry Bedard, Outreach Specialist, REIP, NEMHC

Maxine Peltier, Regional Coordinator, Regional Aboriginal Mental Health Services, NEMHC

Nathalie Carle, Mental Health and Addiction Manager, Timmins and District Hospital

Anne Bourbonnais, Administrative Support, REIP and RCDP, NEMHC

Shawn Britton, Coordinator, Education, NEMHC

“This event is an accredited group learning activity (section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by the Canadian Psychiatric Association.”

Notes:

Notes:

REGISTRATION FORM

Northeast Regional Mental Health and Addictions Conference "Recovery Across Paradigms"

May 26 & 27, 2010

Name:	
Agency:	
Address:	
City:	
Province & Postal Code:	
Telephone/email:	

Please indicate any food allergies: _____

Send cheque or money order payable to:

Northeast Mental Health Centre, North Bay Campus
c/o Shawn Britton, Education, Human Resources
Box 3010, 4700 Hwy 11 North
North Bay, ON, P1B 8L1

CREDIT CARDS CANNOT BE ACCEPTED

You may fax this registration form to Shawn Britton at 495-7836
or register on-line at: www.nemhc.on.ca/recovery-across-paradigms